

2016-17 Men's Indoor Track and Field Qualifying Standards

Track Event	PSAC		NCAA Provisional		NCAA Automatic	
	FAT	MAN	FAT	MAN	FAT	MAN
55m	6.75	6.4	-	-	-	-
60y	6.78	6.4	-	-	-	-
60m	7.25	6.9	6.90	-	6.72	-
55m HH	8.31	8.0	-	-	-	-
60y HH	8.36	8.0				
60m HH	8.95	8.6	8.27	-	7.89	-
200m						
(Under 200m)	23.56	23.2		-		-
(200m flat)	23.26	22.9	22.22	-	21.65	-
(Over 200m/banked)	22.85	22.5	21.83	-	21.27	-
400m						
(Under 200m)	52.33	52.0		-		-
(200m flat)	51.82	51.5	49.51	-	48.06	-
(Over 200m/banked)	51.00	50.7	48.73	-	47.30	-
800m						
(Under 200m)	2:01.12	2:00.8		-		-
(200m flat)	2:00.20	1:59.9	1:55.33	-	1:50.81	-
(Over 200m/banked)	1:58.50	1:58.2	1:53.70	-	1:49.24	-
Mile						
(Under 200m)	4:32.00	4:31.7		-		-
(200m flat)	4:30.40	4:30.1	4:15.67	-	4:06.48	-
(Over 200m/banked)	4:27.00	4:26.7	4:12.43	-	4:03.36	-
3,000m						
(Under 200m)	9:03.75	9:03.4				
(200m flat)	9:01.21	9:00.9	8:30.92	8:30.6	8:08.74	8:08.4
(Over 200m/banked)	8:55.00	8:54.7	8:25.06	8:24.7	8:03.13	8:02.8
5,000m						
(Under 200m)	15:58.90	15:58.6				
(200m flat)	15:55.12	15:54.8	14:54.43	14:54.1	14:13.44	14:13.1
(Over 200m/banked)	15:45.00	15:44.7	14:44.96	14:44.6	14:04.40	14:04.1
1,600m Relay						
(Under 200m)	One Team Per School					
(200m flat)			3:20.66		3:14.60	
(Over 200m/banked)			3:17.50	-	3:11.53	-
3,200m Relay	One Team Per School		Not Contested		Not Contested	
Distance Medley Relay						
(Under 200m)	One Team Per School					
(200m flat)			10:15.79	10:15.4	9:55.04	8:54.7
(Over 200m/banked)			10:07.52	10:07.2	9:47.05	9:46.7
Field Event	Metric	Imperial	Metric		Metric	
High Jump	1.85	6-00.75	2.03		2.17	
Pole Vault	4.15	13-07.5	4.66		5.20	
Long Jump	6.45	21-02	7.08		7.60	
Triple Jump	12.80	42-00	14.40		15.47	
Shot Put	13.60	44-07.5	15.77		18.56	
Weight Throw	14.00	45-11.25	17.19		20.99	
Heptathlon	Top-16 scores accepted		4,650 pts.		5,330 pts.	